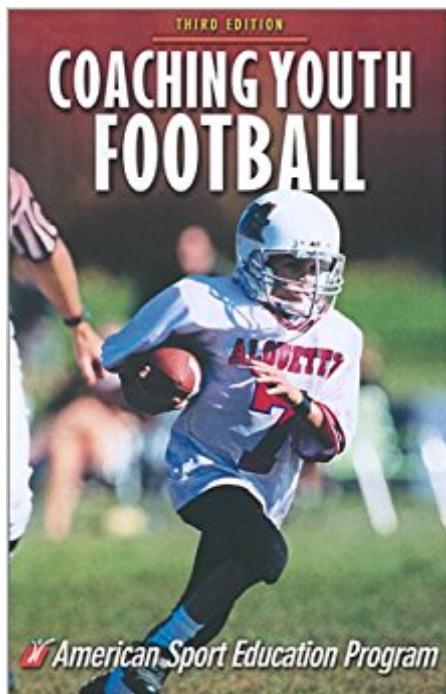


The book was found

# Coaching Youth Football-3rd Edition (Coaching Youth Sports)



## Synopsis

This work equips youth coaches to prepare their players for competition. It instructs in the principles of coaching, communication, responsibilities, safety and methods of teaching. It helps coaches know how to teach tactics and skills and then refine those tactics and skills as players develop. It prepares coaches for matches and provides them with the basics on rules and equipment. Key features include the fundamentals of coaching and preparation for the season, and all the tactics and skills the coach will need to teach are explained and demonstrated clearly.

## Book Information

Series: Coaching Youth Sports

Paperback: 192 pages

Publisher: Human Kinetics Publishers; 3rd edition (September 2001)

Language: English

ISBN-10: 0736037926

ISBN-13: 978-0736037921

Product Dimensions: 9.1 x 6.1 x 0.5 inches

Shipping Weight: 11 ounces

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,309,760 in Books (See Top 100 in Books) #112 in Books > Sports & Outdoors > Coaching > Children's Sports #383 in Books > Sports & Outdoors > Coaching > Football (American) #1386 in Books > Sports & Outdoors > Soccer

## Customer Reviews

This is a fantastic book for coaches that already know quite a bit about football, but are not sure how to best transfer their knowledge to a bunch of 6-12 year old kids. The book advocates a "games approach" to teaching football. It keeps the kids interested and thinking. It has worked great for me. When it is time to switch to the next teaching drill/game I nearly always have multiple kids asking, "Can we do it one more time?" We worked on kick off and kick off returns for 45 minutes yesterday using the "games approach". The kids learned a lot and they were begging to do it again. It was 95 degrees and these kids are begging to run the full length of the field over and over again!!! If you are fairly comfortable with your football knowledge, but not sure about coaching techniques, this is a fantastic book. Even if you are an experienced coach, you might what to look at this fresh, innovative approach to coaching kids.

Teaching skills to first time players can be tricky business, but the ASEP youth football book leaves no stone unturned. Having never been a lineman and having limited playing experience (over 20 years ago), the various blocking drills have really helped with my instruction this season. This book helped get me up to speed and I'd highly recommend it to anyone facing the daunting task of coaching kids football for the first time.

I agree with the review on the back cover of the book, "It should be mandatory reading for every youth football coach in America." I was lucky enough to see this book at the library and then read it before I read the other .com reviews, which I was amazed to see were very negative. The emphasis of the book is certainly not the X's and O's of football. Rather, it is on how to effectively coach kids. How to communicate. How to teach skills. How to discipline and deal with misbehavior. How to deal with parents. The proper emphasis to put on winning ("athletes first, winning second"). How to make practice fun. The importance of listening and treating each player as an individual. This book is right on the money and is a very valuable book. It written by people who clearly care about our youth.

To agree with the other reviewers, these authors have obviously never coached a youth football team. I'm tired of finding all of these coaching youth football books written by college and pro coaches. Its different game, and the sooner they realize it, the better, maybe they can put out a book that worth reading.[...]

I've found Coaching Youth Football to be an excellent primer for coaching my son's youth team this season. It includes all the background info a coach might need to build a program and keeps the focus on making the game fun. A positive introduction to this tremendous sport is what I've found most kids need and most parents want. This book has helped me to teach the boys the game while keeping things fun and safe. A+++.

[Download to continue reading...](#)

Coaching Youth Football-3rd Edition (Coaching Youth Sports) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) Coaching Youth Cricket (Coaching Youth Sports) Coaching Youth Gymnastics (Coaching Youth Sports) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Sports Betting: Tools, Strategies, and Principles Behind Winning Sport Predictions: Sports Investing and Making Money in NBA, NFL, NCAA, Football and Basketball ...

Sports Wagering, NFL Betting, NBA Betting) Cookbooks for Fans: Pittsburgh Football Outdoor Cooking and Tailgating Recipes: Delicious Roethlis Burgers & Sandwiches ~ Sports and Outdoors Steeler Style ... ~ American Football Recipes Book 6) Fantasy Football: 12 Ways To Take Your Fantasy Football Performance to the Next Level (Fantasy Sports) Science and Football V: The Proceedings of the Fifth World Congress on Sports Science and Football: v. 5 Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips! Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques) Positive Coaching: Building Character and Self-Esteem Through Youth Sports Juguemos al fÃºtbol y al football! /Â Let's Play FÃºtbol and Football! (Bilingual edition) (Spanish Edition) Sports Betting for Beginners: How To Read The Sports Odds So You Can Turn A Few Dollars Into Big Winnings With Sports Betting!

[Dmca](#)